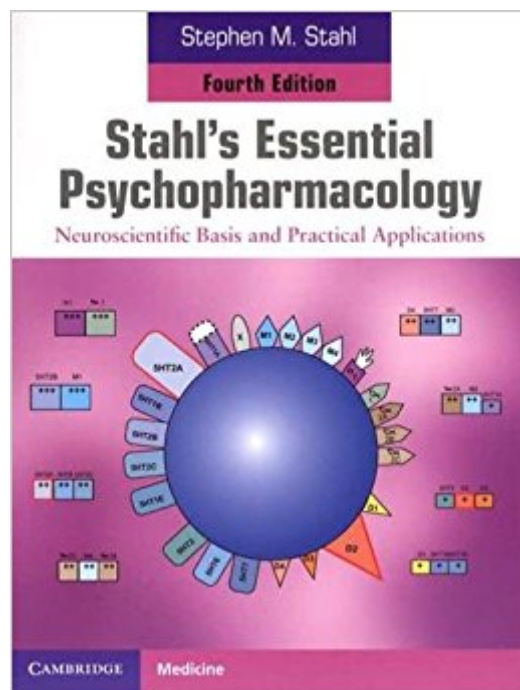


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# Stahl's Essential Psychopharmacology: Neuroscientific Basis And Practical Applications



## Synopsis

With this fully revised fourth edition, Dr Stahl returns to the essential roots of what it means to become a neurobiologically empowered psychopharmacologist, expertly guided in the selection and combination of treatments for individual patients in practice. Embracing the unifying themes of 'symptom endophenotypes', dimensions of psychopathology that cut across syndromes, and 'symptoms and circuits', every aspect of the text has been updated to the frontiers of current knowledge, with the clarity of explanation and illustration that only Dr Stahl can bring. Integrating much of the basic neuroscience into the clinical chapters, and with major additions in the areas of psychosis, antipsychotics, antidepressants, impulsivity, compulsivity and addiction, this is the single most readily readable source of information on disease and drug mechanisms. This remains the essential text for all students and professionals in mental health seeking to understand and utilize current therapeutics, and to anticipate the future for novel medications.

## Book Information

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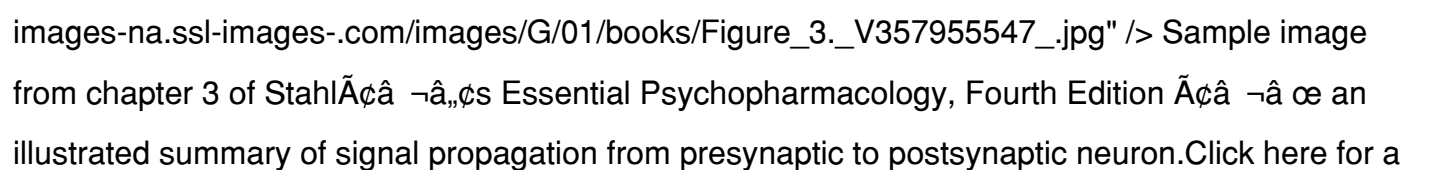
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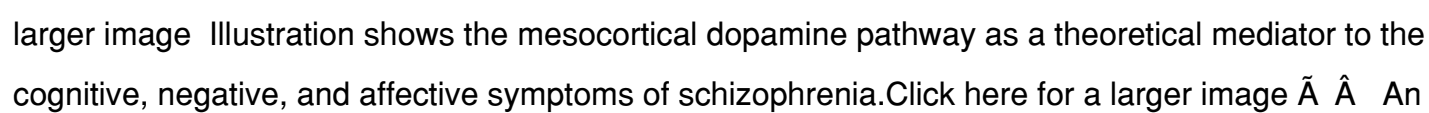
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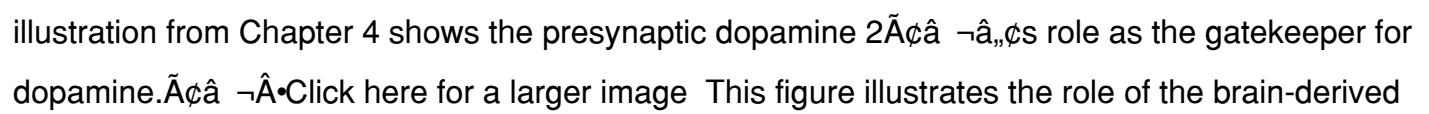
Reviews of previous editions: '... essential reading ... I would thoroughly recommend this book to anyone who works with psychotropic drugs - or who has the task of teaching others about them!' *American Journal of Psychiatry* 'The clinically orientated chapters do an impressive job of bringing together the neuropathological basis and psychopharmacological approaches to psychiatric conditions. I would highly recommend this as a concise, entertaining and easily accessible source of information.' *Addiction Biology* 'If there is one basic psychopharmacology text for a practitioner or

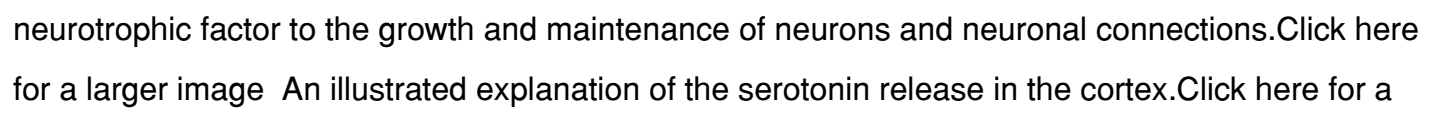
teacher of psychiatric medicine to own, this is it ... Cleverly illustrated with simple cartoons, this book presents complex information in an easily accessible manner ... [Stahl's] Essential Psychopharmacology is a first rate book.' The Lancet'... an excellent basic textbook covering the key areas of psychopharmacology. Its concise and structured approach made reading enjoyable ... I would wholeheartedly recommend this book to all psychiatric trainees.' Journal of Intellectual Disability Research'As an MRC psychiatry student I have benefited enormously from studying this book. Stahl has allowed me to see the light in what I previously found to be a very complex subject ... it has made a fascinating and fulfilling read.' International Journal of Geriatric Psychiatry'[Stahl's] Essential Psychopharmacology offers a wide range of readers an engaging and comprehensive view of psychopharmacology. It is highly recommended to both novice and experienced researchers, who stand to gain a new or renewed appreciation for the complexity and beauty of how the nervous system mediates the behavioural effects of drugs.' Contemporary Psychology'The book is an excellent source of information for the art of prescribing psychotropic medications. This book belongs in every clinician's library and serves as a model of clarity for others.' Acta Psychiatrica Scandinavica'Medical students, psychiatry residents and fellows and experienced clinicians will find the style and content refreshing ... I recommend this text as an extremely useful reference work as we enter the next decade of discovery in brain neurosciences and its role in clinical psychiatry.' Psychological Medicine'We highly recommend this book both to general practitioners who may need information on general mechanisms of psychotropic drugs and to students that would like to learn more about basic psychopharmacology and its practical applications.' Clinical Neuropsychiatry


A Sample of Illustrations in Stahl's Essential Psychopharmacology Author, Stephen M. Stahl [Click here for a larger image](#)

 Sample image from chapter 3 of Stahl's Essential Psychopharmacology, Fourth Edition is an illustrated summary of signal propagation from presynaptic to postsynaptic neuron. [Click here for a larger image](#)

 Illustration shows the mesocortical dopamine pathway as a theoretical mediator to the cognitive, negative, and affective symptoms of schizophrenia. [Click here for a larger image](#)

 An illustration from Chapter 4 shows the presynaptic dopamine receptor's role as the gatekeeper for dopamine. [Click here for a larger image](#)

 This figure illustrates the role of the brain-derived neurotrophic factor to the growth and maintenance of neurons and neuronal connections. [Click here for a larger image](#)

 An illustrated explanation of the serotonin release in the cortex. [Click here for a larger image](#)

This fully revised edition returns to the essential roots of what it means to become a neurobiologically empowered psychopharmacologist, expertly guided in the selection of treatments for individual patients. This remains the essential text for all students and professionals in mental health seeking to understand and utilize current therapeutics.

When I had first read Dr. Stahl's Essential Pharmacology (3rd Ed.), I was absolutely fascinated with the presentation and wished that psychopharmacology was taught this way in medical school. This latest edition does not disappoint either. When the book arrived in the mail I was quite curious why the packaging for it was not as thick as I expected (readers of Stahl know how thick the previous edition was). That's because the book has been reformatted into a larger page size and some redundancy in the chapters was eliminated. I have to say I really like the new format; it's not quite a full sized textbook and in my opinion is perfect because neither textbook nor smaller-sized (yet Bible thickness) lend themselves to ease of transport. As far as the actual content goes, readers will find that the book is very similar yet significantly updated as to not feel like one is reviewing the same book as the previous edition. I have only thus far given the book a cursory overview, but the ambiguities I noticed in the previous edition have been seemingly cleared up. Another fantastic aspect of the new edition is a more in depth analysis of specific receptor subtypes. Dr. Stahl continues to show his great insight in biological psychiatry, and I highly rate his series!

While Essential Psychopharmacology does not exactly make the topic easy, it is the most straightforward, understandable and useful book I have found. The book is well ordered and is written clearly. The schematic drawings have helped me make sense out of subject matter that is often delineated in multisyllabic science-speak.

Up to date and concise overview of psychopharmacology. Recommended for Psychiatry residents early in their training or for medical students interested in Psychiatry. I wish I had read this text just before starting my first Psych rotation! This book will serve as an invaluable reference tool, along with Stahl's Prescriber's Guide-as my training progresses. Going through this book has greatly increased my confidence in doing well on an upcoming PRITE exam. The Kindle version is error free but could use some cleaning up- particularly the text-only tables and lists. Hopefully the next Kindle update/revision will utilize the X-Ray feature.

this is far and away the most effective text for teaching students about psychopharmacology. it is

clearly written for the educated "naive" in a graduate program, i.e., those students familiar with brain functions to a certain extent and needing to drill down more deeply to understand medications, pharmacy, and behavior connections.

Pages are separating from book binder. I've only used book in a matter of 3 weeks and book is already falling apart.

I bought this book at the recommendation of a student psych NP. Having limited knowledge in the field as an FNP, I found this book extremely helpful in a behavioral health setting. Some of the reading is above my level of understanding as a simple provider with a master's degree, but for the most part, I've learned a great deal.

The main psychopharm reference used in my APRN program

An excellent book. It gives you a thorough introduction to basic psychopharmacology. Good illustrations that helps understanding. The only drawback of the kindle edition is the 4 devices limit. I like to read on my Kindle keyboard, my iPad, my iPhone and laptop. Having bought a new desktop computer I had already exceeded the maximum number of devices, making the book less easy to use. I could stop reading on my kindle keyboard (better to read on color screen), but then I have to deregister my kindle keyboard which I use to read a lot of books.

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